

JOY, HAPPINESS, & CONTENTMENT

4 Ways To Kick Gloom, Doom, Negativity, & Depression In The Head

1. There Are People Who Have _____
_____ Joy.

Philippians 4:11–13 (NKJV)

¹¹ Not that I speak in regard to need, for I have learned in whatever state I am, to be content: ¹² I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need. ¹³ I can do all things through Christ who strengthens me.

2. The _____ Of Real Joy Is Also Real, But
Can Be _____.

Hebrews 12:2 (NKJV)

looking unto Jesus, the author and finisher of *our* faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

3. The Bible Plainly _____ & Clearly _____ Joy Is Real.

Romans 14:17 (NKJV)
for the kingdom of God is not eating and drinking, but
righteousness and peace and joy in the Holy Spirit.

1 Peter 1:8 (NKJV)
whom having not seen you love. Though now you do not
see *Him*, yet believing, you rejoice with joy inexpressible
and full of glory,

WHAT IS MY NEXT STEP?