

# KEEP THE CHANGE

## *Secrets Of Lasting Change & Finishing Strong*

### **PART 3: CASE STUDIES OF KEEPING THE CHANGE**

2 Timothy 4:7 (NKJV)

I have fought the good fight, I have finished the race, I have kept the faith.

Joshua 14:6–15 (NKJV)

<sup>6</sup> Then the children of Judah came to Joshua in Gilgal. And Caleb the son of Jephunneh the Kenizzite said to him: “You know the word which the LORD said to Moses the man of God concerning you and me in Kadesh Barnea. <sup>7</sup> *I was* forty years old when Moses the servant of the LORD sent me from Kadesh Barnea to spy out the land, and I brought back word to him as *it was* in my heart.

<sup>8</sup> Nevertheless my brethren who went up with me made the heart of the people melt, but I wholly followed the LORD my God. <sup>9</sup> So Moses swore on that day, saying, ‘Surely the land where your foot has trodden shall be your inheritance and your children’s forever, because you have wholly followed the LORD my God.’

<sup>10</sup> And now, behold, the LORD has kept me alive, as He said, these forty-five years, ever since the LORD spoke this word to Moses while Israel wandered in the wilderness; and now, here I am this day, eighty-five years old. <sup>11</sup> As yet I *am as* strong this day as on the day that Moses sent me; just as my strength *was* then, so now *is* my strength for war, both for going out and for coming in. <sup>12</sup> Now therefore, give me this mountain of which the LORD spoke in that day; for you heard in that day how the Anakim *were* there, and *that* the cities *were* great and fortified. It may be that the LORD *will be* with me, and I shall be able to drive them out as the LORD said.”

<sup>13</sup> And Joshua blessed him, and gave Hebron to Caleb the son of Jephunneh as an inheritance. <sup>14</sup> Hebron therefore became the inheritance of Caleb the son of Jephunneh the Kenizzite to this day, because he wholly followed the LORD God of Israel. <sup>15</sup> And the name of Hebron formerly was Kirjath Arba (*Arba was* the greatest man among the Anakim).

Then the land had rest from war.

## 5 traits of Strong finishers

### 1. Both Paul & Caleb Were \_\_\_\_\_ Of The Lord.

1 Corinthians 11:1 (NKJV)  
Imitate me, just as I also *imitate* Christ.

Joshua 14:8 (NKJV)  
Nevertheless my brethren who went up with me made the heart of the people melt, but I wholly followed the LORD my God.

Joshua 14:9 (NKJV)  
So Moses swore on that day, saying, ‘Surely the land where your foot has trodden shall be your inheritance and your children’s forever, because you have wholly followed the LORD my God.’

Joshua 14:14 (NKJV)  
Hebron therefore became the inheritance of Caleb the son of Jephunneh the Kenizzite to this day, because he wholly followed the LORD God of Israel.

### 2. Both Paul & Caleb Were \_\_\_\_\_ In The \_\_\_\_\_.

Acts 20:32 (NKJV)  
So now, brethren, I commend you to God and to the word of His grace, which is able to build you up and give you an inheritance among all those who are sanctified.

Joshua 14:6 (NKJV)  
Then the children of Judah came to Joshua in Gilgal. And Caleb the son of Jephunneh the Kenizzite said to him: “You know the word which the LORD said to Moses the man of God concerning you and me in Kadesh Barnea.

### 3. Both Paul & Caleb \_\_\_\_\_ The Good \_\_\_\_\_.

Ephesians 6:12 (NKJV)

For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual *hosts* of wickedness in the heavenly *places*.

Joshua 14:11 (NKJV)

As yet I *am as* strong this day as on the day that Moses sent me; just as my strength *was* then, so now *is* my strength for war, both for going out and for coming in.

### 4. Both Paul & Caleb Lived For The \_\_\_\_\_ \_\_\_\_\_.

Philippians 3:13 (NKJV)

Brethren, I do not count myself to have apprehended; but one thing *I do*, forgetting those things which are behind and reaching forward to those things which are ahead,

Joshua 14:12 (NKJV)

Now therefore, give me this mountain of which the LORD spoke in that day; for you heard in that day how the Anakim *were* there, and *that* the cities *were* great *and* fortified. It may be that the LORD *will be* with me, and I shall be able to drive them out as the LORD said.”

5. Both Paul & Caleb Discovered The \_\_\_\_\_ Of A  
Godly \_\_\_\_\_.

1 Timothy 1:2 (NKJV)

To Timothy, a true son in the faith: Grace, mercy, *and* peace from  
God our Father and Jesus Christ our Lord.

Numbers 32:12 (NKJV)

except Caleb the son of Jephunneh, the Kenizzite, and Joshua the  
son of Nun, for they have wholly followed the LORD.'

## ***WHAT IS MY NEXT STEP?***

1. I will make 2 Timothy 4:7 my scripture of the week.

2 Timothy 4:7 (NKJV)

I have fought the good fight, I have finished the race, I have kept the  
faith.

2. I will forget those things that are behind me and press forward to new  
adventures in Christ.

3. I will have the guts to honestly answer the following question, Which is most true of me?

- I am stuck in the past.
- I am coasting in the present.
- I am barely hanging on.
- I feel like I am slipping away.
- I am energetically pressing forward

If you don't do something, nothing will get done.

4. I will read the Bible at least 5 days this week.

5. I will begin my life in Christ by trusting Jesus as my Lord & Savior.